

PUT WEIGHT WATCHERS® TO WORK FOR YOU!

OHSU has joined forces with Weight Watchers® to bring you special savings on valuable and convenient weight-loss solutions.



Choose an offering that best suits your specific lifestyle and preference

1 **Weight Watchers Local Meeting vouchers***

Local Meeting vouchers are a prepaid savings plan that offers the flexibility of attending Weight Watchers meetings in your community when and where it suits you best.

2 **Weight Watchers At Work meetings***

At Work meetings bring the Weight Watchers experience right to your workplace where a trained Leader facilitates weekly meetings, and you can benefit from the proven advantage of group support from co-workers. If you have at least 15 associates interested in an At Work meeting call **1-800-8-AT WORK** and talk to a local At Work manager about setting up a meeting.

3 **Weight Watchers Online subscription**

With an Online subscription you can follow the Weight Watchers plan step-by-step online, with interactive tools and resources like a weight tracker, progress charts, restaurant guides and much more. It is available in two versions specifically designed for men and women with tailored content that speaks directly to each audience. To sign up, see **page 3** of this brochure.



Special Pricing for OHSU

OHSU is committed to helping you achieve your weight-loss goals and improve your overall health by offering a **100% subsidy** on the Weight Watchers services listed below.



Weight Watchers Offering	Weight Watchers special pricing	Subsidy	With company provided subsidy, your final cost is
13-week Local Meeting vouchers*	\$119.00	100%	FREE
13-week At Work meeting series** <i>comes with access to 14 weeks of free eTools***</i>	\$155.00	100%	FREE
3-month Weight Watchers Online subscription†	\$55.00	100%	FREE

To purchase any of these Weight Watchers offerings, or for more information, please call 866-842-9388.

In order to continue participating in any of these programs, you must submit proof that you have attended either at least 10 of 13 local or At Work meetings or show tracking for at least 10 out of 13 weeks.

* Available only in participating areas in the U.S. Total cost must be paid in advance. Missed week fees must be paid in order to keep your membership current. You will need to re-enroll after four consecutive absences. Sales tax applicable in CT.

** Available only in participating areas in the U.S. Minimum enrollment required. Total cost for At Work meeting series must be paid in advance or via Weight Watchers Easy Pay. Sales tax applicable in CT.

*** eTools offer available in participating areas only. Must purchase a 13, 17 or 18-week series to get access to free eTools. Your eTools subscription will automatically renew each month at \$12.95 per month, unless you cancel before the end of your free weeks of eTools. Visit www.weightwatchers.com/cancel for instructions on how to cancel.

† Your subscription will be automatically renewed at the end of your plan period at the standard monthly rate (currently \$16.95) until you cancel. You can cancel your subscription on our site, by email or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.

Weight Watchers Online*



To sign up for Weight Watchers Online call **866-842-9388** and get your promotion code, then:

1. Visit the Weight Watchers Online sign-up page by clicking the link below.
2. Go to ▶ [Enter promotion code](#) and enter your special promotion code (received when you called the number above) and click "Apply code" to get the special subscription price for OHSU.

▼ Enter promotion code

Enter your code

[Apply code](#)

3. Select the subscription length to purchase (3 month).
4. Follow remaining sign-up instructions for setting up your account.



▶▶ [Click here to get started](#)

*Your subscription will be automatically renewed at the end of your plan period at the standard monthly rate (currently \$16.95) until you cancel. You can cancel your subscription on our site, by email, or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.